

TOP RAINFALL RECORDED LAST 24 HOURS (MM)

Balochistan. Zhob 2

Khyber Pakhtunkhwa. Tarbela **53**, Shinkiyari 10, Besham 8, Balakot 5, Pattan 5, Buner 5, Daggar 5, Kakul 4, Bannu 2, Peshawar 1, Saidu Sharif 1

Punjab. Rawalpindi **34**, Lahore **30**, Faisalabad 19, DG Khan 18, Mangla 12, Hafizabad 8, Jhelum 8, Gujrat 7, Mandi Bahauddin 7, Sialkot 6, Attock 6, Chakwal 6, Muree 5, Gujranwala 5

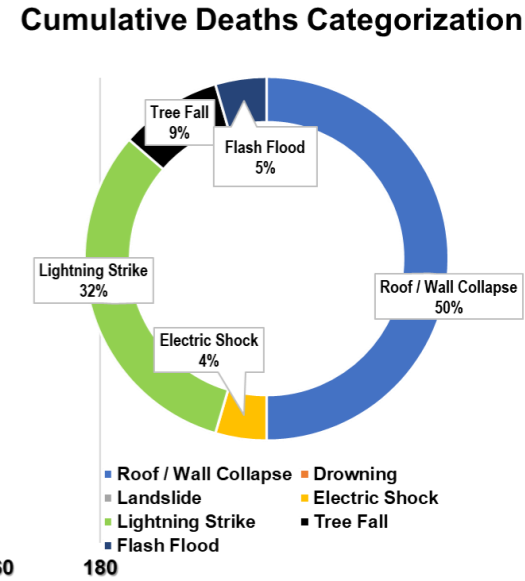
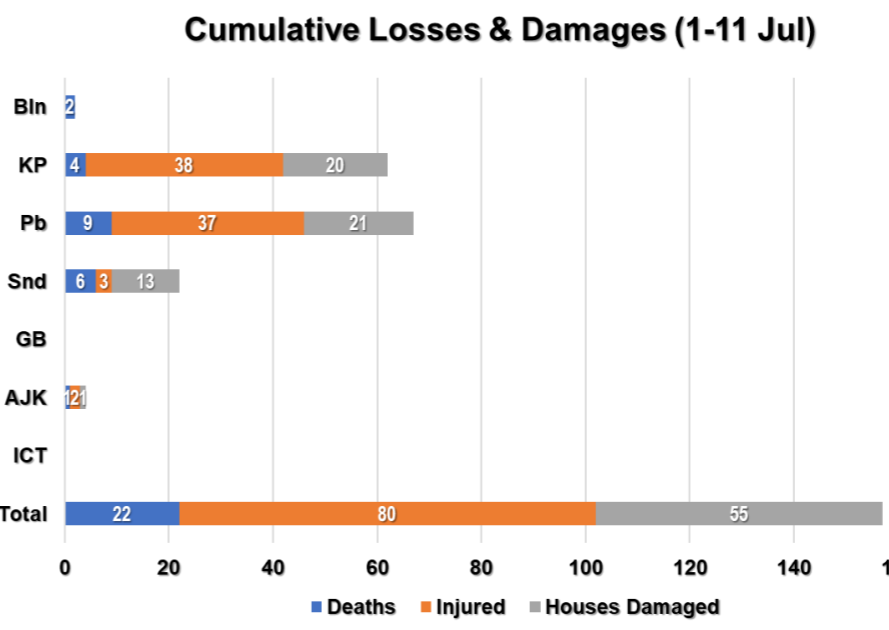
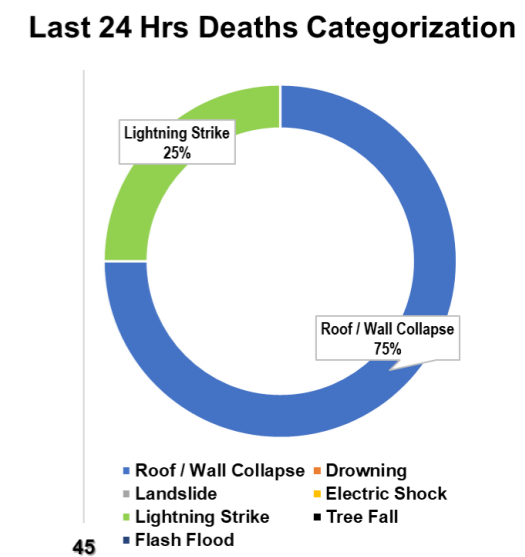
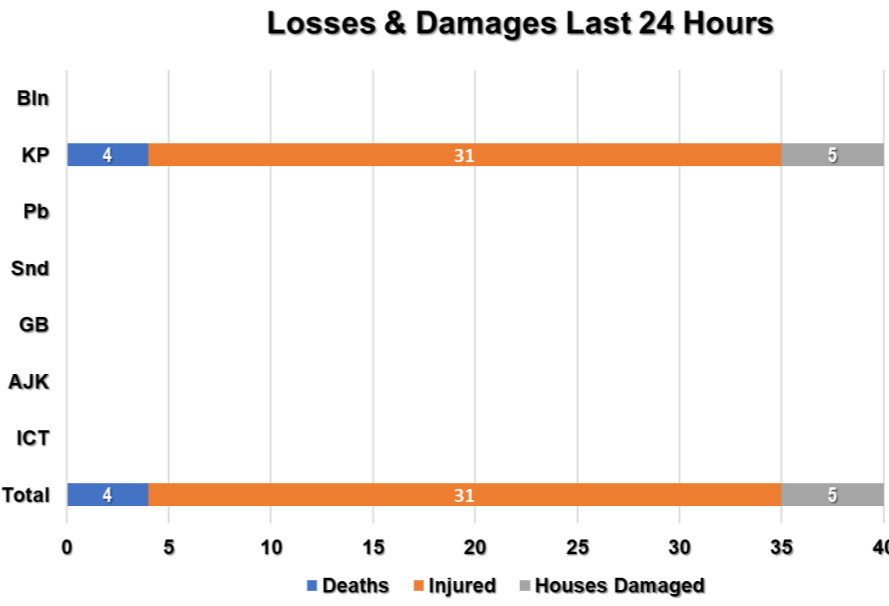
Sindh. Nil

Gilgit-Baltistan. Nil

State of AJ&K. Palandri 12, Rawalakot 9, Dhulli 7, Muzaffarabad 4, Chakoti 3, Panera 3, Kotli 2, Garhidupatta 1, Bandi Abbaspur 1, Chatar Kalas 1

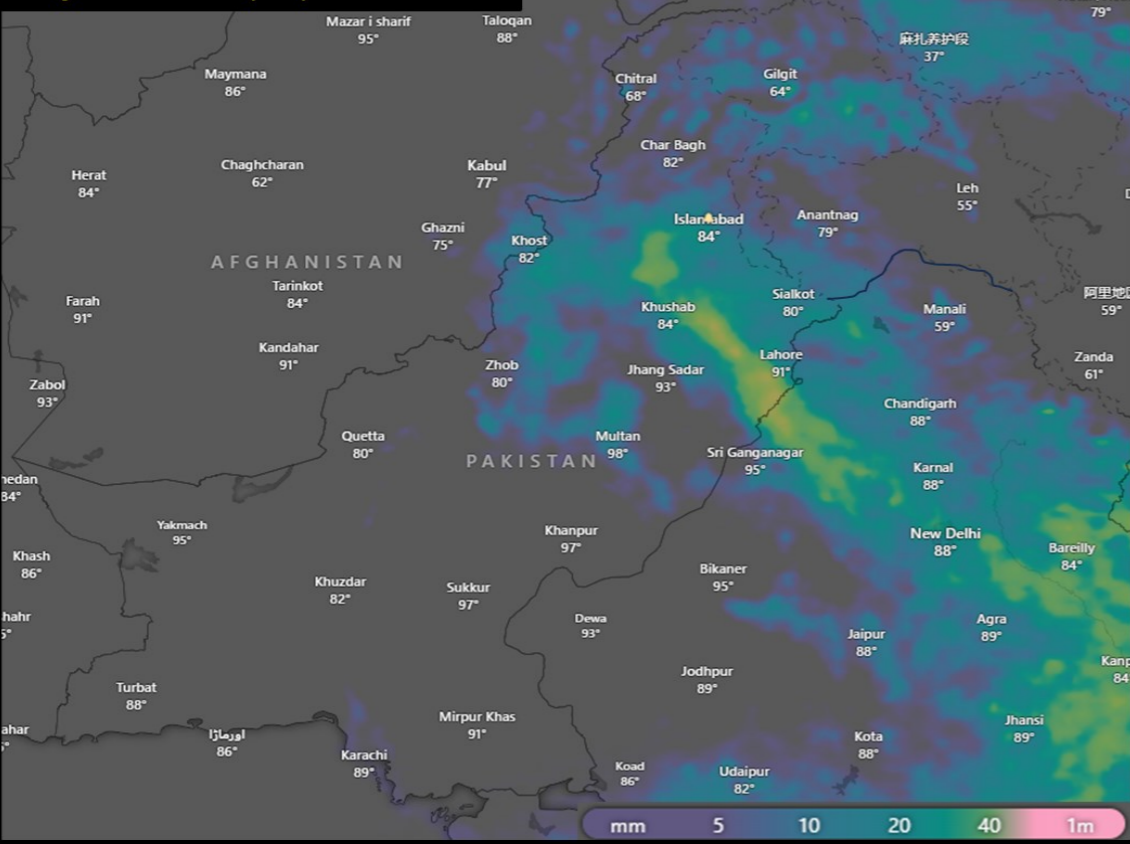
ICT. Saidpur **45**, PMD-HQ **40**, Zero-point **39**, Golra 22, Bokra 5, Airport 3

Data Source: PMD / FFD



Note: Losses / Damages data is provided by PDMAs / GBDMA / SDMA / Govt Depts and is preliminary.

Projected Rainfall (mm) Next 48 Hours



FORECASTED IMPACT NEXT 24-48 HOURS

- Balochistan.** **Mainly hot and humid weather** is expected in most districts of the province. **Rain-wind / thundershowers** expected in eastern parts of Balochistan including Khuzdar, Kalat, Ziarat, Zhob, Barkhan, Musakhel and Shirani up to **14th July**.
- Khyber Pakhtunkhwa.** **Rain-wind / thundershowers** with **isolated heavy falls** expected in Dir, Chitral, Swat, Kohistan, Malakand, Bajaur, Shangla, Battagram, Buner, Kohat, Bajaur, Mohmand, Khyber, Mansehra, Abbottabad, Galiyat, Haripur, Peshawar, Mardan, Charsadda, Hangu, Kurram, Waziristan, Bannu and DI Khan up to **15th July**.
- Punjab.** **Rain-wind / thundershowers** with **isolated heavy falls** expected in Rawalpindi, Murree, Attock, Chakwal, Talagang, Jhelum, Mandi Bahauddin, Gujrat, Gujranwala, Hafizabad, Wazirabad, Lahore, Sheikhupura, Sialkot, Narowal, Sahiwal, Jhang, Toba Tek Singh, Nankana Sahib, Chiniot, Faisalabad, Okara, Pakpattan, Kasur, Khushab, Sargodha, Bhakkar, Mianwali, Bahawalpur, Bahawalnagar, D.G. Khan, Multan, Khanewal, Lodhran, Muzaffargarh, Rajanpur, Rahim Yar Khan and Layyah up to **15th July** with occasional gaps.
- Sindh.** **Mainly hot and very humid weather** is expected in most districts of the province. **Rain-wind / thundershowers** expected in Jacobabad, Sukkur, Shikarpur, Qambar Shahdadkot, Larkana, Dadu, Padidan, Umarnot, Tharparkar, Mirpurkhas, Badin, Sujawal, Thatta and Karachi up to **13th July**.
- Islamabad Capital Territory.** **Rain-wind / thundershowers** with **isolated heavy falls** are expected.
- Gilgit Baltistan.** **Mainly partly cloudy to cloudy weather** condition expected. However, **rainfall** activity expected in Diamer, Astore, Skardu, Gilgit, Ghanche, Shigar) up to **15th July** with occasional gaps.
- State of AJ&K.** **Rain-wind / thundershowers** with **isolated heavy falls** expected in Neelum Valley, Muzaffarabad, Rawalakot, Poonch, Hattian, Bagh, Haveli, Sudhnoti, Kotli, Bhimber, Mirpur) up to **16th July** with occasional gaps.
- Flash flooding and landsliding** in hilly / mountainous regions of **Balochistan, KP, GB and AJ&K**
- Heavy falls** may cause **urban flooding** in Peshawar, Lahore, Islamabad, Rawalpindi, Faisalabad, Sialkot, Narowal, Gujranwala and other areas.
- Heavy Falls** may **increase flows in local nullahs, streams** of KP, Punjab and AJ&K.
- Heavy Rains-windstorms / lightning** may cause roof/wall collapse of kacha houses, electric poles, billboards and solar panels.
- Increased Temperatures & Rains** may trigger **GLOF Incidents** in vulnerable valleys of **KP and GB**

GUIDANCE ISSUED

- PDMA to ensure **early warning & prompt response** in **vulnerable areas** in light of forecasted conditions
- PDMA to undertake **regular public awareness on all media channels / social media** to maximise general public's **knowledge on risks associated with monsoon season**; heavy rains, urban flooding, flash flooding, landslides, etc.
- City / District Administrations** are to **ensure contingency plans** for areas vulnerable to flooding in urban centres, catering for **prompt de-watering operations in flooded areas**.
- NHA / FWO / Local C&W Depts** to **ensure pre-placement of machinery** and **timely restoration of damaged road linkages**.
- Rescue Services, Armed Forces** and leading **NGOs / CSOs** to **ensure availability of personnel / equipment** in the indicated areas & **be on stand-by for rapid response**.
- Ensure that **public avoid crossing nullahs** and **keep livestock away during adverse weather conditions**.
- Ensure that **public Does Not Venture Outside** during **Thunderstorms** and **Do Not Seek Shelter Under Trees** to **avoid risk of lightning strike**.
- Ensure that **public** undertakes **adequate measures** to **maintain** their **homes** from **adverse effects** of **heavy rainfall** in order to **avoid roof / wall collapses**.
- Additional **guidance** is available on **NDMA Website** and **"Pak NDMA Alert"** app available on Google **Play Store** and iOS **App Store**.

Pakistan Reservoirs Data (11 Jul - 0600 hours)		
Details	Tarbela Dam	Mangla Dam
MCL (Feet)	1,550.00	1,242.00
Dead Level (Feet)	1,402.00	1,050.00
Water Level (Feet)	1,520.06	1,193.45
Change Last 24 hrs (Feet)	+1.54	+0.45
Storage (MAF)	Max	7.356
	Present	4.130
Change Last 24 hrs	+0.076	+0.027
% Dam Filled	72.00	53.00
% Change Last 24 hrs	+2.00	+0.37

Indian Dams Data (5 Jul - 0600 hours)			
Details	Bhakra	Pong	Thein
MCL (Feet)	1,680.00	1,390.00	1,732.00
Water Level (Feet)	1,590.40	1,306.79	1,646.24
Change	+6.01	-0.29	-1.48
Storage (MAF)	Max	4.991	1.900
	Present	1.696	0.924
Change	+0.14	-0.008	0
% Dam Filled	34	19	31
% Change	+3	0	0

FFD Discharge Report				
Recorded at: 11-Jul-2024 12:00 PST				
River	Site	Inflow	Outflow	
Indus	Tarbela	159,000	134,700	NORMAL
	Kalabagh	222,036	214,046	NORMAL
	Chashma	213,181	205,065	NORMAL
	Taunsa	207,254	178,754	NORMAL
	Guddu	185,123	142,411	NORMAL
	Sukkur	121,951	70,041	NORMAL
Kabul	Kotri	37,956	3,121	NORMAL
	Nowshera	70,900	70,900	LOW
Jhelum	Mangla	45,000	26,015	NORMAL
	Rasul	22,811	5,341	NORMAL
Chenab	Marala	48,738	16,865	NORMAL
	Khanki	51,221	43,272	NORMAL
	Q,Abad	41,137	25,137	NORMAL
	Trimmu	32,275	16,625	NORMAL
	Panjnad	25,714	11,864	NORMAL
Ravi	Jassar	2,635	2,635	NORMAL
	Shahdara	15,353	15,353	NORMAL
	Balloki	32,460	4,160	NORMAL
	Sidhnai	20,561	4,961	NORMAL
Sutlej	GS Wala	2,810	2,810	NORMAL
	Sulemanki	21,929	9,078	NORMAL
	Islam	8,609	6,609	NORMAL